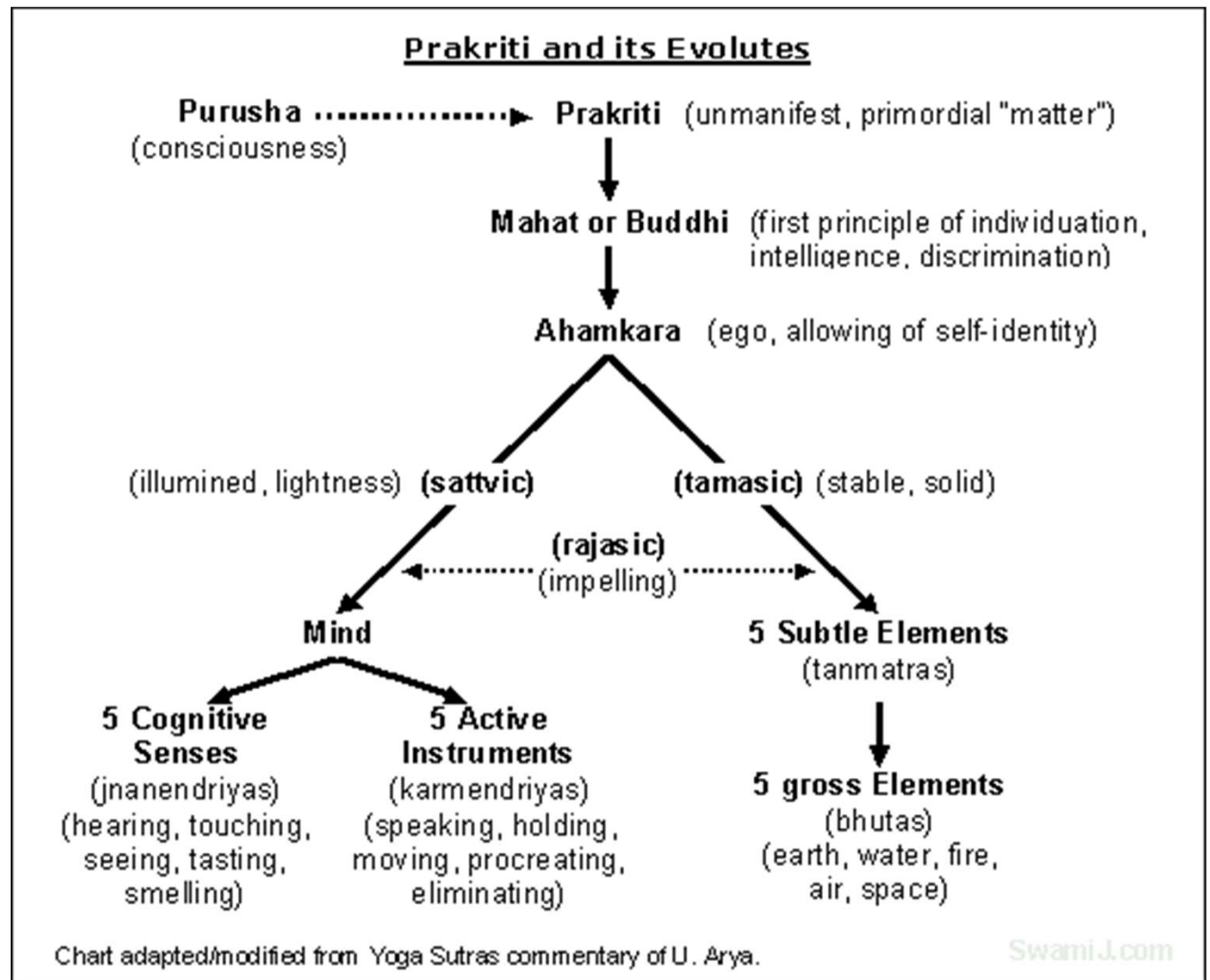


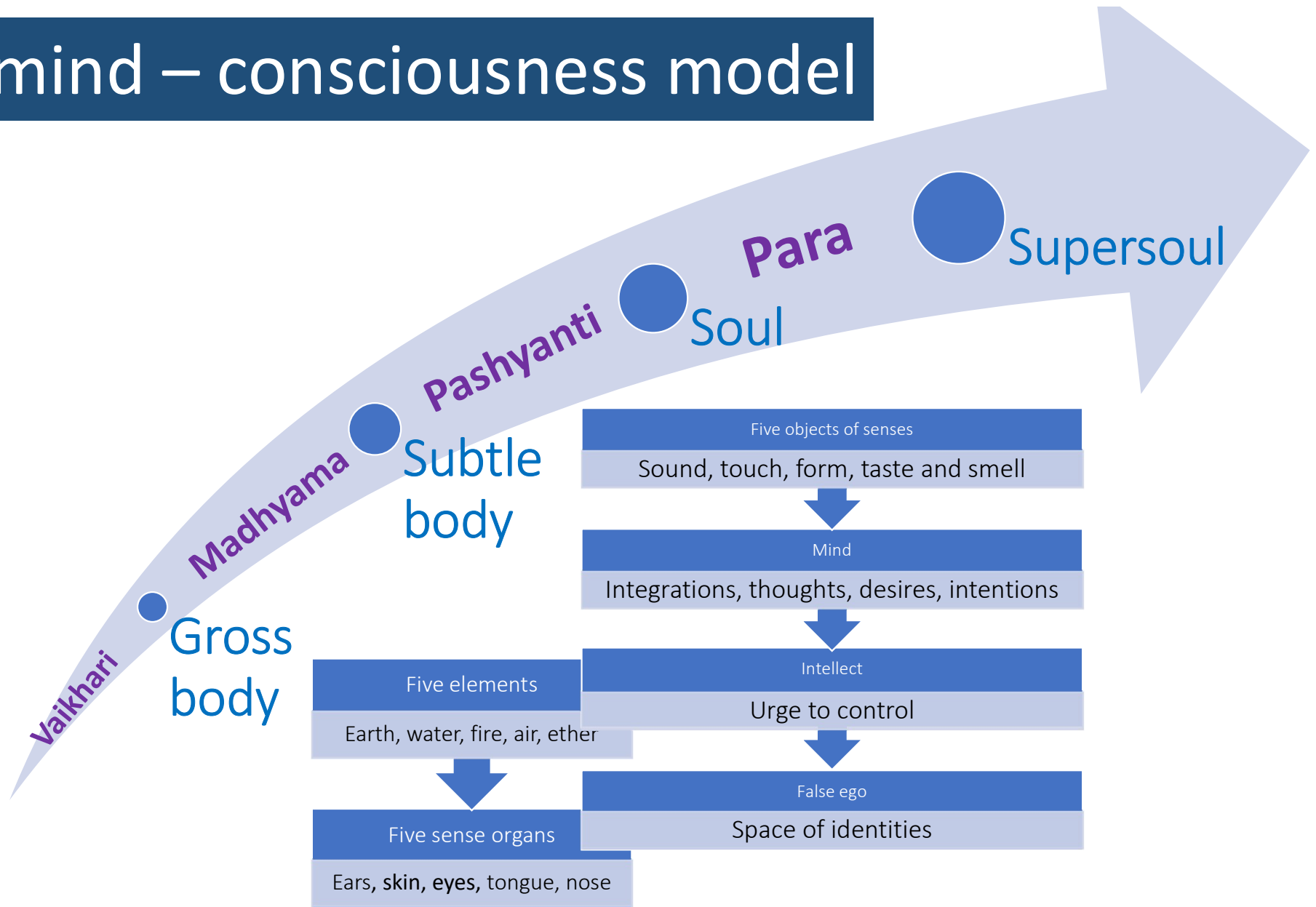
Sankhya – Elements of Creation

Dr. Laxmidhar Behera
Director, IIT Mandi

25 tattvas



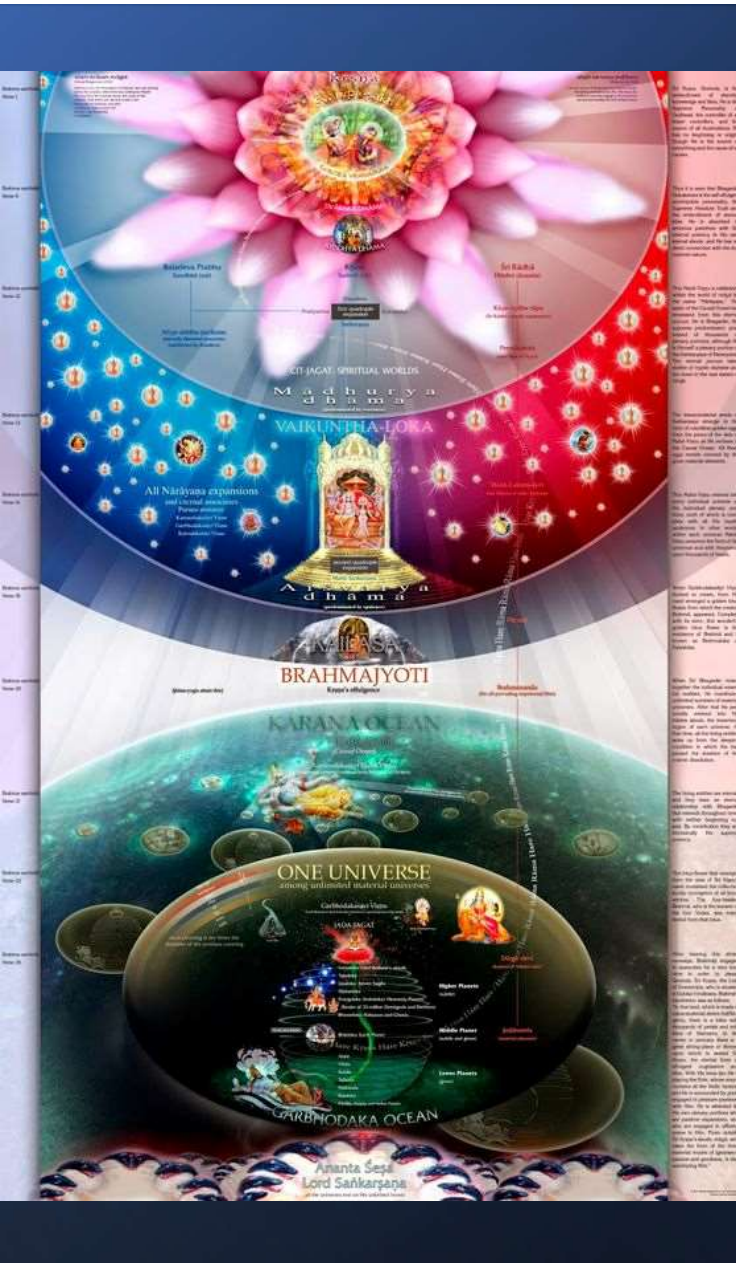
Body – mind – consciousness model



Purusha

*bhoktāraṁ yajña-tapasām
sarva-loka-maheśvaram
suhṛdam sarva-bhūtānām
jñātvā mām śāntim ṛcchati*

A person in full consciousness of Me, knowing Me to be the ultimate beneficiary of all sacrifices and austerities, the Supreme Lord of all planets and demigods, and the benefactor and well-wisher of all living entities, attains peace from the pangs of material miseries. BG 5.29



Purusha

*nityo nityānām cetanaś cetanānām
eko bahūnām yo vidadhāti kāmā*

The Supreme Lord is eternal and the living beings are eternal. The Supreme Lord is cognizant and the living beings are cognizant. The difference is that the Supreme Lord alone is supplying all the necessities of life for all living entities. Katha Upanisad 2.2.13



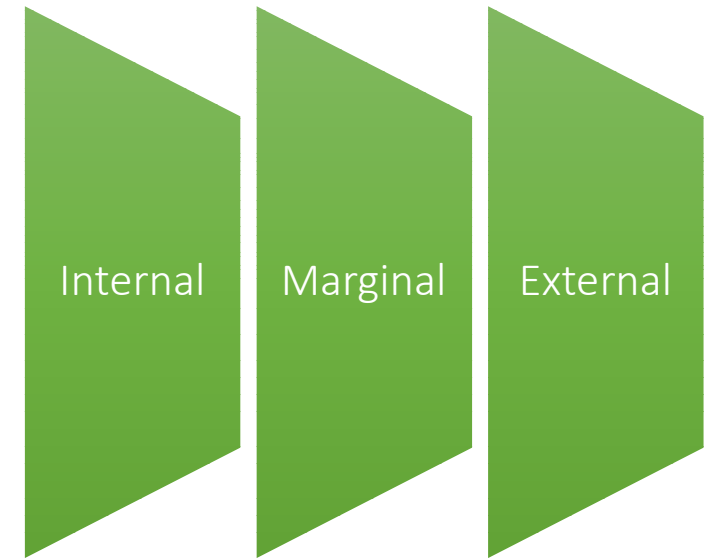


Prakriti

*antaraṅgā--cic-chakti, taṭasthā--jīva-śakti
bahiraṅgā--māyā,--tine kare prema-bhakti*

The spiritual potency of the Supreme Personality of Godhead also appears in three phases- internal, marginal and external. These are all engaged in His devotional service in love.

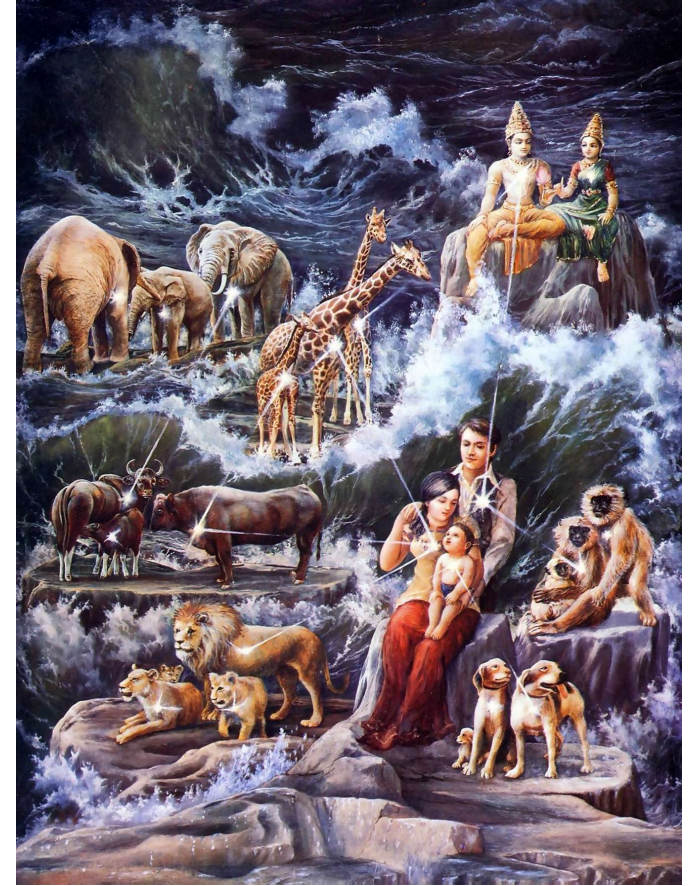
CC Madhya 6.160



Jivas – Units of consciousness

*avināśi tu tad viddhi
yena sarvam idaṁ tatam
vināśam avyayasyāśya
na kaścit kartum arhati BG2.17*

That which pervades the entire body you should know to be indestructible. No one is able to destroy that imperishable soul.



Jivas – Units of consciousness

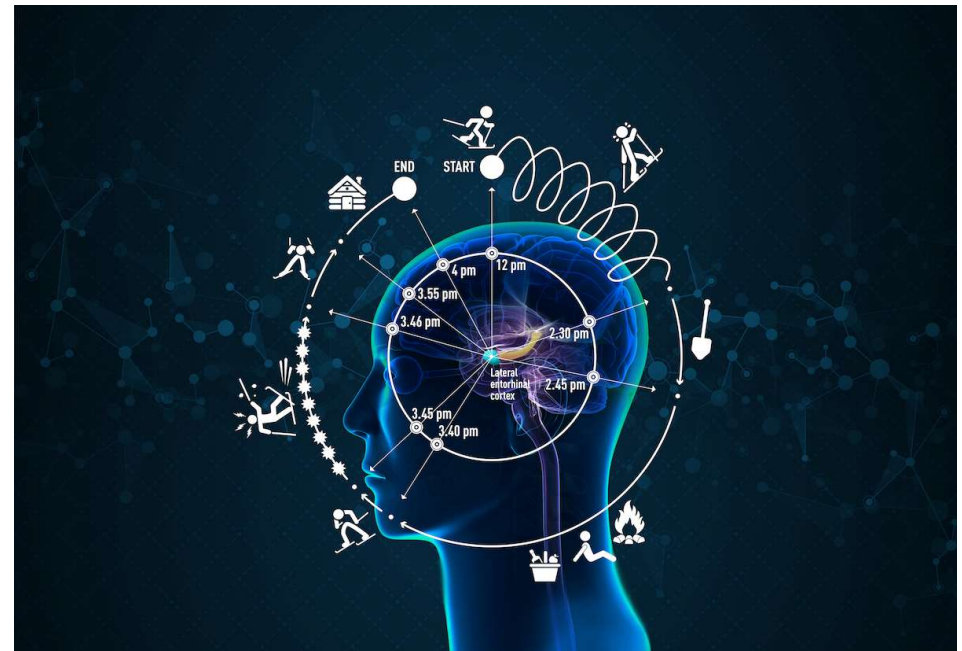
*yathā prakāśayaty ekaḥ
kṛtsnam lokam imam raviḥ
kṣetram kṣetrī tathā kṛtsnam
prakāśayati bhārata BG13.34*



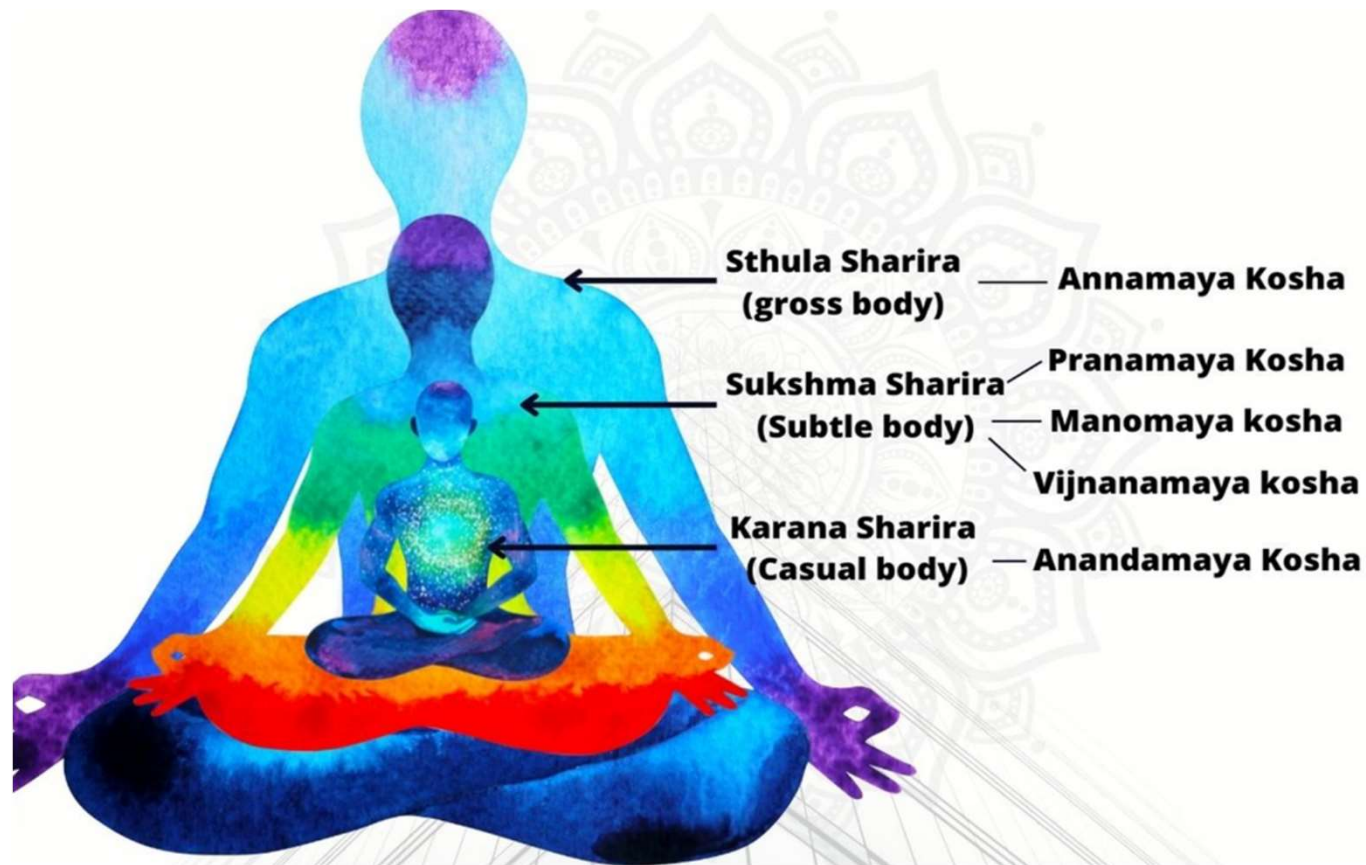
O son of Bharata, as the sun alone illuminates all this universe, so does the living entity, one within the body, illuminate the entire body by consciousness.

Symptoms of Unit of Consciousness

- Willing, feeling, Loving and desiring
- Being self-aware
 - Being aware of sense objects
 - Being aware of self
- Sense to perpetuate – death is not welcome
- Subjective and experiential time



The material body – subtle and gross



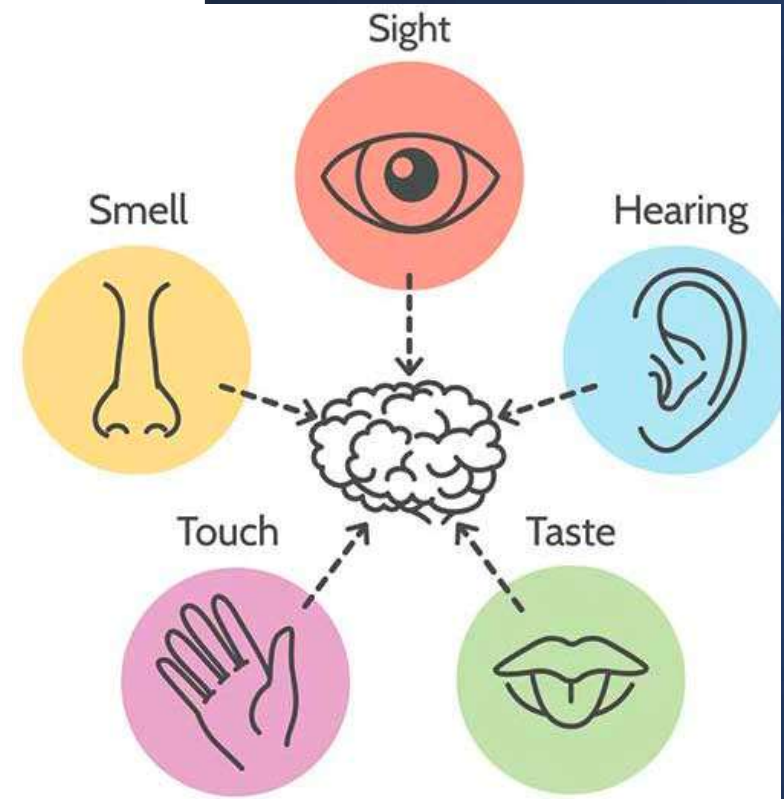
Subtle and Gross body

*bhūmir āpo 'nalo vāyuḥ
khaṁ mano buddhir eva ca
ahaṅkāra itīyaṁ me
bhinnā prakṛtir aṣṭadhā*

**Earth, water, fire, air, ether, mind, intelligence and false ego
– all together these eight constitute My separated material
energies. BG 7.4**

Gross Body

- **Earth – the carrier of smell**
- **Water – the carrier of taste**
- **Fire – the carrier of form**
- **Air – the carrier of touch**
- **Ether – the carrier of sound**

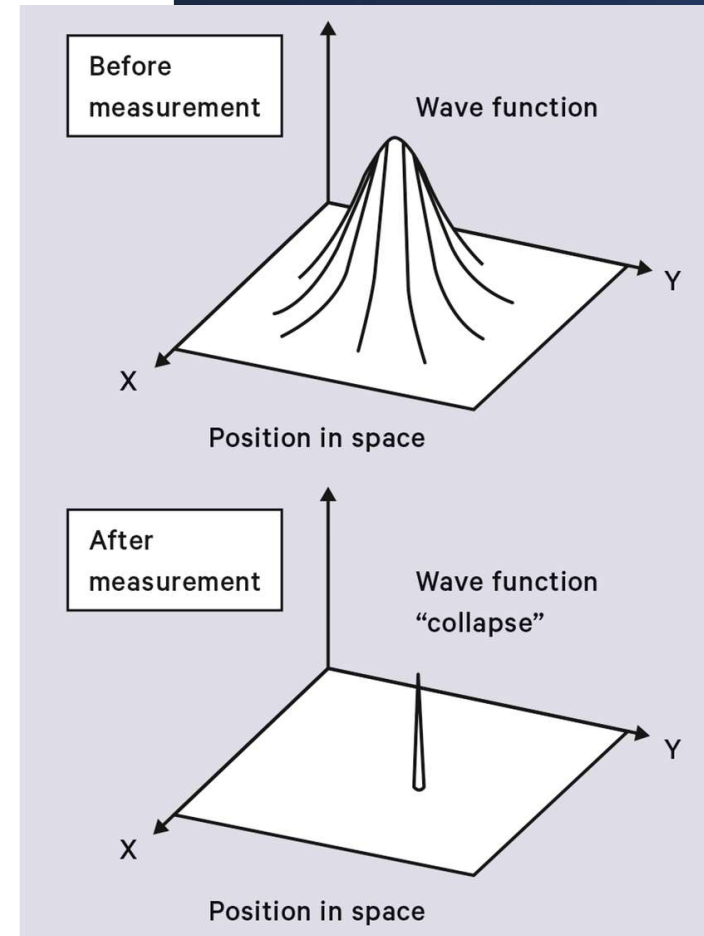


Subtle Body

- Mind, Intelligence, False ego
- Every aspect of our existence is a form of energy
 - Conscious like energy
 - Gross form of energy
- Subtler energy drives the grosser energy



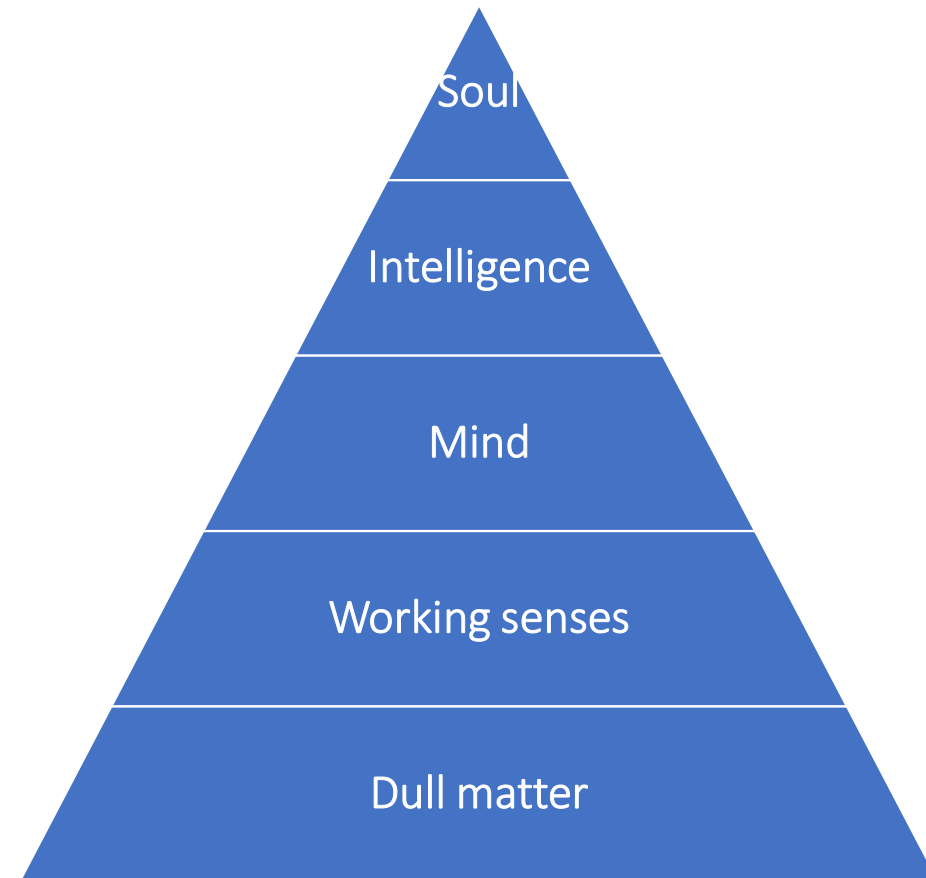
Marketing funnel



Subtle and gross body

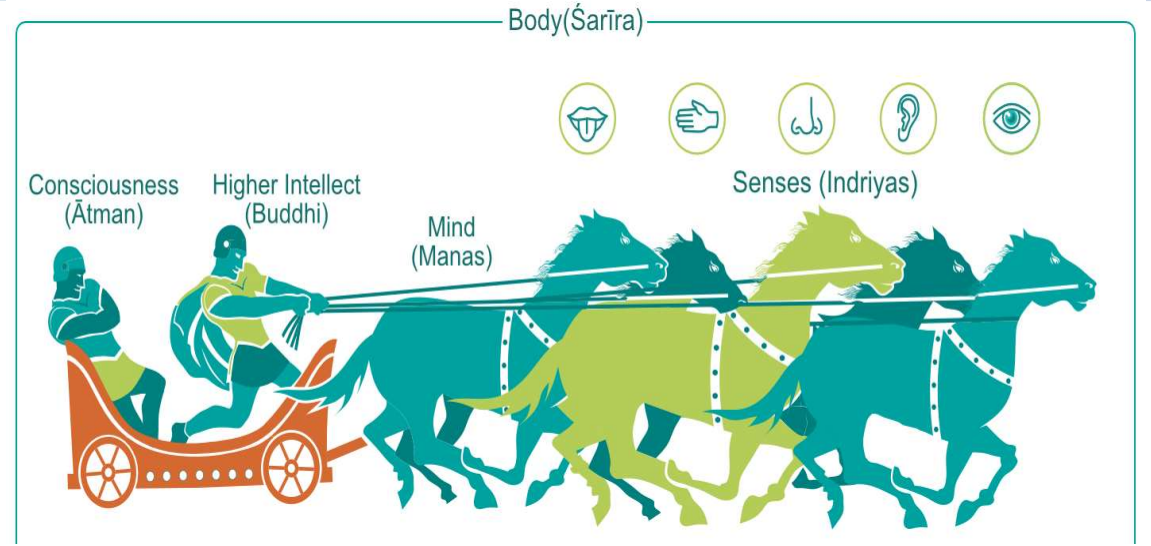
*indriyāṇi parāṇy āhur
indriyebhyaḥ param manah
manasas tu parā buddhir
yo buddheḥ paratas tu saḥ*

The working senses are superior to dull matter; mind is higher than the senses; intelligence is still higher than the mind; and he [the soul] is even higher than the intelligence. BG 3.42



The hierarchy

इन्द्रियेभ्यः परा ह्यर्था अर्थेभ्यश्च परं मनः ।
मनसस्तु परा बुद्धिर्बुद्धेरात्मा महान्परः ॥ १० ॥
महतः परमव्यक्तमव्यक्तात्पुरुषः परः ।
पुरुषान्न परं किञ्चित्सा काष्ठा सा परा गतिः ॥ ११ ॥



Beyond the senses are the objects; beyond the objects is the mind; beyond the mind, the intellect; beyond the intellect, the Great Atman; beyond the Great Atman, the Unmanifest; beyond the Unmanifest, the Purusha. Beyond the Purusha there is nothing: this is the end, the Supreme Goal. Katha Upanishad 1.3.10-11